

VMCM Monthly Newsletter

March 2008



Bulgarian Holiday

White and Red – this is the colours of the traditional amulet of Bulgaria called Martenica. All over the world people meet spring with joy and new hope but it is only in Bulgaria where it is saved as an ancient custom. If you are walking along the streets in Bulgaria on the 1st of March you will witness many smiling faces. But first of all your eyes will be captured by martenitsas. Everyone has decorated their clothes with them.



In the beginning of March all the kids at VMCM also have the opportunity to be part of for the second time of this interesting and old Bulgarian custom. They received a gift - Martenica for health and beauty. Some of them even had the opportunity to make bracelets and brooches from red and white weaved threads at the special workshop with our Bulgarian volunteer Helly.



Youth exchange in Portugal



On the 19-th of March our breakdancers participated on a youth exchange in Portugal. 3 guys plus Nadia our ex-volunteer as a leader went for 10 days to Peniche a wonderful small peninsula surrounded by the Atlantic ocean. For the two Peters and Erik this was a great challenge. The first was the flight from Vienna to Lisbon. They had never flown before so they enjoyed it quite much. Kids from 5 countries (Portugal, England, Romania, Italy and Slovakia) participated on the project. After few days the kids got closer to each other they had no problems to communicate even if few of them spoke only little English. The project was called "New world new beginning" and the aim was to get these youngs together and make a short film together with music and dance. They were divided into 3 groups: Dance group, Music and Multimedia group. They learned from professional teachers in each group and at the end they finalized the movie. Our children represented us successfully. They were very popular there. With their dancing skills they amazed the other participants and the leaders also. They returned home with great experiences and unforgettable memories.



Easter decoration

Easter is coming and we want to be well prepared for this celebration, we decided to adorn our VMCM with nice decorations and with painted eggs besides.

So we started from simple paper's hand-made chains and tied ribbons, flowers and easter bunnies, to put over the windows and all around the principal room.



Painting eggs

Maybe You know that this is a typical tradition of Easter European countries and so Helly from Bulgaria is the right person to teach us how to do it!

Together with Cristina and Nadia, she bought and boiled a lot of chicken eggs, then we started our tricky duty! If you want to obtain pleasing and nice decorated eggs, you can do as we did together: just take some natural water colours (you can find them in the stationery store) and put them separately into hot water and vinegar fulfilled bins /cans. Then let the

colour drip to a cotton piece, thus creating coloured stains with which embrace the eggs. Using your fantasy you can also bathe these ones in the colour, and helping you with some panthyose and flowers, leaves or other things you for sure will obtain successful results!

The only thing to remember is... after painting, to deep wash your hands or you will look like a E.T. representant!!!

As tradition suggests, you can bring the eggs to Church in the Easter Night, and make them bless to eat the day after with your family. Or as an alternative, you can have funny "eggs battles" by cracking one's top to another's bottom. And remember that the winner egg is

the one without cracks!

