

# √ MCM Monthly Newsletter

**April 2008**

## Biscuit day with Helly and Cristina



Do you know today is a special day?! We are ready to cook something special to please our visitors! Our volunteer girls arranged the table covered with a lot of biscuits, sweetness, and all the ingredients to prepare a memorable afternoon snack!



Then we crumbled the biscuits, softened and kneaded them with milk, chocolate, honey and cocoflakes, and created many different kinds of new cakes, thus serving /dishing? Them to all people there. Don't You think our creations are lovely? You should have tasted them!!

We had a lot of fun, we learnt something useful and... our bellies are happy too!



## We are what we eat



The middle of April was very important time for our EVS volunteer Helly and five young people from Velky Meder. They had the opportunity to be part of a youth ex-change organized by our formal volunteer Nadia, which partner from Slovakian side was VMCM.



The seminar took place in a small and beautiful village in Bulgaria called Ognianovo. People from six countries, including Bulgaria,

got together to speak about “good” and “bad” food, unhealthy habits, a ways to promote and give information to the

young people about the risks connected with eating junk food, lack of hygiene etc.

For ten days people from Italy, Romania, Slovakia, Turkey, Hungary and Bulgaria, became real friends and shared the knowledges and ideas connected with the topic of the ex-change through different games and activities.

They also had the opportunity to gain information about Bulgaria, and especially the region of Goce Delchev. Ofcourse the

participants learned a lot of new things about traditional bulgarian customs

and food. They also visited the beautiful mountain villages like Kovachevica and the thermal park near to Ognianovo.



All the Slovakian participants on this youth ex-change admit that those 10 days were one of the biggest adventures of they life and they would be happy to have more opportunities to come back to Bulgaria and be part of other exchanges for young people.

All of us want to thank Nadia for all of her efforts to organize this great event.



## ***The dance night***

Why the streets of Velky Meder are empty?

Because all the people of our small and beautiful town went to see the best dancer at Velky Meder at the annual gettingting of the best dancers. No doubt our breakdancers –„United powers“ were the stars of the evening. They “blow up“ the audience with 10 minutes of great performance and get a lot of applause and all the screams from the female part of the audience and of course from everyone else. We can proudly say that our dancers are better than ever especially after the youth exchange in Portugal were they was the main stars and gain a lot of knowledge and ideas from hip-hop fans from other countries!

Good luck, boys!

**TO BE CONTINUED... 😊**